

## PSHE Curriculum Report – 2017-18

In PSHE this year, we have continued to follow the Jigsaw curriculum covering the topics: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. These lessons involve circle time, discussions and group work.



We also introduced the KiVa anti-bullying programme to KS2. All classes have had KiVa lessons where they develop teamwork skills and how to support each other. They also learn what to do if they are being bullied or see someone being bullied. We have trained staff who will deal with any reported incidents where bullying is suspected and support the children involved.



We have renewed our Healthy Schools Award through showing how we incorporate being a healthy school into our curriculum and school activities. We also introduced our Healthy Heart Project to encourage children to think about looking after their hearts by exercising and eating healthily.

### Our Healthy Heart Project



Hey KiVa,  
It's not your heart, I've need to talk.  
I work harder than any of your body parts, all  
year long, I'm trying to make you happy when you  
are sad, when I feel when you need me to end  
help you to be happy all the time.  
I mean you make me really really happy, but  
every day you do I'm not know how I feel I am  
after break time! I'm not for that I get no rest  
the you did how slow a bit of care someone?  
Is that too much to ask? Let me know if you  
want, when you're sleep I have to keep you  
breathing all night long. If you don't start looking  
after me soon I'm going to completely lose it.  
I need a REST!  
Your overworked friend,  
Your heart  
X



Towards the end of the year, we received our Rights Respecting School Bronze award. We will continue this journey by helping children to understand their rights and responsibilities and ensure our school is a place where children feel safe, nurtured and in control of their futures.



Different activities and events have taken place in school. Our Reception class held a Health and Well-being Workshop for the children and their parents. Coach Steve was joined by two doctors to give advice about healthy eating and how to stay fit and healthy through exercise. The children also had a Physical Fun Club after school with some parents also joining in the fun.



Once again, the Y5 children have been learning how to stay safe on their bikes through the Bikeability scheme gaining their Level 2 award and for the first time Y3 and Y4 also had a lesson introducing them to bike safety, achieving their Level 1 award. Our Y2 children also learnt about road safety through Walksmart sessions.



Safety Seymour visited Y2 to teach about how CO2 is a danger they cannot see or smell and each child was given a sensor to take home to detect any CO2 problems.



Throughout the year, the School Council, who were elected by their class, have met regularly to share ideas on how to improve our school.

During one of our Mission Weeks, Year 5 & 6 had a vocation workshop to learn more about different opportunities that are available to them when they are adults. We were lucky to have many interesting visitors who shared with us their roles.



We have held many events for our school community and the wider community, including our Harvest assembly and our whole school Christmas lunch. We also visited Jubilee House Care Home for carol singing at Christmas and to play music and take photos for our Artsmark Award.



The children have also been learning about how to support charities by organising different events. We raised a lot of money doing the Cancer Research UK Race for Life for the fourth year running, an event which we look forward to doing again next year. We also joined in with Age Concern's 'Slip into Slippers Day' to celebrate Older Persons' Day, taking time to reflect on older people in our families and society and how we value their knowledge and experience and respect them.



The whole school learned about water in an assembly from Severn Trent Water. We were taught ways to save water and the journey water has before it reaches our homes and the journey it takes when leaving our homes.



Our school also enjoyed our Guide Dogs for the Blind assembly when we had two dogs visit, one a puppy of 5 months old and her mum who was 5 years old. We learnt about how guide dogs are trained and how they help a blind person to live successfully. Some children were even lucky enough to stroke them.



We have enjoyed our Enabling Enterprise projects throughout the year and in June, we held our Challenge Day where all of the children worked in teams to create a computer game. The game designs produced were impressive and the children enjoyed the day.



Some children from KS2 have also been lucky enough to attend the Enabling Enterprise trips to Birmingham University and LM Venture, a construction company, where they learned about the HS2 project. They constructed bridges and visited the National High Speed Rail College where they used a VR machine which simulated them driving the train. On these trips the children learn about how an organisation is managed and what happens behind the scenes. All of the Enabling Enterprise events help children to develop enterprise skills, experiences of work and the aspirations to succeed.



Our Year 5 class also had the opportunity to visit the HS2 project and worked in small groups learning about how the project is developing.



In Year 4 the children have been learning about Fairtrade and the various products that are available. They learned about how purchasing these products help to make a difference to people's lives in different countries and they then visited the supermarket to purchase some of these items.



Some of our children have been lucky enough to visit a local alpaca farm where they became friends with an alpaca who they then took for a walk. Whilst at the farm they also fed the alpacas, chickens and rabbits.



To further improve social skills, at lunchtimes we have introduced many outdoor activities including our Play Pod. This gives our children the chance to use their imagination to play together with many different scrap items and materials. The children especially enjoy making dens and dressing up.

Each week, a class who displays the most positive behaviour during lunchtime are nominated to eat their dinner at the Golden Table.



For rewards for our children, we organised a Good to be Gold film afternoon and a special McDonald's lunch.



One of the highlights of our year was our very own St John's Got Talent show. We found out that our children were superstars and had an amazing range of talents. We had acrobats, singers, dancers and musicians to name just a few acts. We were proud of each child and their self-confidence.



It has been a really enjoyable and busy year at school with many new experiences. We look forward to more events and activities which enrich our children's lives next year.

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