



"Here is the light you will reveal to the nations"

Luke 2: 32

This half term's virtues are:

Friday 27.01.23

Eloquent

and

Truthful

Catholic Social Teaching Focus

The Dignity of Work (linking with Fairtrade Fortnight 21.02-06.03)

Everyone's work is of value. There are many kinds of work. In each job, workers deserve to be treated with respect; work safely; work reasonable hours, and earn fair wages. They deserve this because they are made by God. Our work gives us the means to live, but it is also a chance to use the talents God gives us. Our work is our way of cooperating with God to help create a better world.

Focus Hymns – 'Lord of the Dance' and 'You are my Brother'

Another Busy Week!

Another busy week with next week promising to be even busier!

Year Six have a team building day on Wednesday so please ensure they are wearing a number of layers as they'll hopefully be outside for part of the day - weather permitting.

I look forward to seeing how they collaborate to navigate the 'swamps' without falling in!



NEU Strike Action



NEU Strike Action Wednesday 1st February

School will be open as usual on Wednesday 1st February, for all classes.

First Mass with Father Paul



Next Friday the 3rd February we'll be celebrating our first Mass with Father Paul, everyone in our community is welcome to attend.



Non School Uniform Day

NSPCC



We are delighted to be supporting the NSPCC by taking part in Number Day on

Friday 3 February 2023.

Everything the NSPCC does protects children today and prevents about tomorrow

The NSPCC need our support more than ever. By raising money, we can help to fund their vital services such as Childline – the helpline that's always there for children and young people whatever their problem or concern.

On average, a child contacts Childline every **25 seconds**

Making maths meaningful

Number Day is a great way to make maths fun and bring about a positive, 'can-do' attitude towards it.

We are having a fun day of maths activities and we will be taking part in *Dress up for Digits*. Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!).

Or get even more creative by dressing in a maths or numbers theme. To help raise money for the NSPCC, we are asking for donations of 50p per child or £1 per family, and we'd love everyone in the school to take part in this special event.

It all adds up

We're really looking forward to all the fun of Number Day, and we really appreciate your support. All the money we raise at school will make an enormous difference to children today and help the NSPCC be there for children tomorrow.

Thank you.

Mrs Dixon

You can find out more about the NSPCC's work at nspcc.org.uk

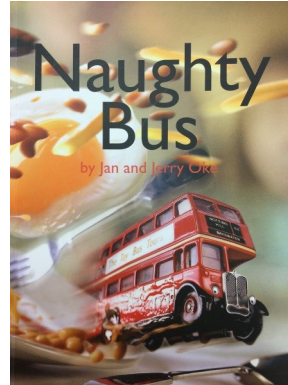
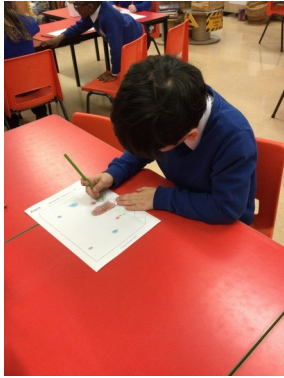
To find out more about keeping children safe online, visit nspcc.org.uk/online-safety



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

Class Activities - KS1

Year 1 have had a busy week. In Design and Technology, the children have been decorating their mouse home windmill nets, ready to construct their windmills next week.



The children enjoyed English following the adventures of the 'Naughty Bus'. They went looking for the naughty bus as Mrs Righton found some images of the naughty bus travelling around the school at night when he became a 'Naughty Night Bus' messing up the school!

In Geography, the children have been learning about the UK, and this week they focused on Wales. At the end of the lesson, they had a bit of fun learning some Welsh words.

Well done Year 1, for another lovely week of learning.



We also had Ashley from Aston Villa teach the children a game called 'cops and robbers' where the children had to protect the ball, learning ball skills while having fun!



Year 2 are really enjoying our cricket sessions delivered by Chance to Shine. We are learning new skills as well as keeping active.



In English we have been exploring the differences between fiction and non-fiction texts. Last week we wrote our own fiction text using inspiration from 'The Bear Under the Stairs'. This week we are writing a non-fiction text about bears.



In Geography we have continued learning about the British Isles and have been looking more closely at England, Scotland, Wales, Ireland and Northern Ireland.





STARS OF THE WEEK!

Congratulations to

Ashton B

in Year 2

and Ella A

in Year 6

We're all really proud of you

This week's virtues awards were given to

Keesha M

Reception

Tennessee D

Year 1

Tommy K

Year 2

Lily W

Year 3

Nj L

Year 4

Talulah H

Year 5

Elisha I

Year 6

For being Eloquent and Truthful

Ready to learn Award



Congratulations, our most punctual classes this week were Year 2 & Year 4

Attendance



Our school strives for 100% attendance. This week the class with the highest attendance was Year 1 with 99.2% *Well done!*

Birthdays



Happy birthday this week to: Axel C and William N



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

Dates for your Diary

Wednesday 1st February 2023

Vision Screening for Reception children

Wednesday 8th February 2023

School Photographer

Friday 17th February 2023

3.15pm - Break up for February Half Term

Tuesday 28th February 2023

8.55am - Children return to school

Friday 31st March 2023

3.15pm - Break up for Easter Holiday

Monday 17th April 2023

8.55am - Children return to school

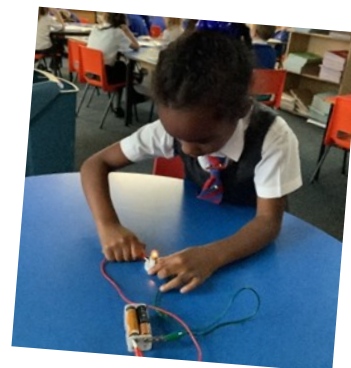
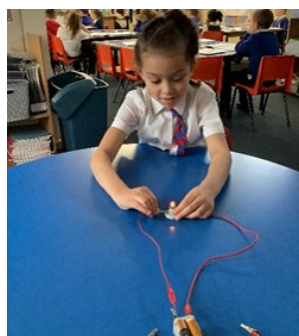
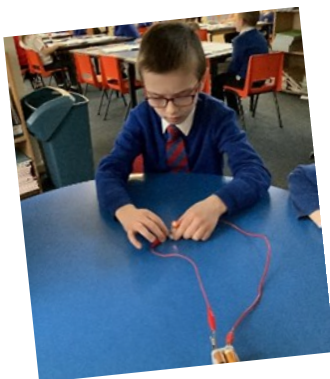
Inset days 2022 - 2023

Monday 27th February 2023

Monday 5th June 2023

Science Superstars

Year 2 are enjoying their Electricity topic in science this half term. So far they have explored the dangers of electricity, shared their top tips for keeping safe and this week have begun looking at how to construct a circuit.



Our Pope's Prayer Intentions

JANUARY - For educators

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith



Our fabulous tweets continue!

Have a look at some of our most recent tweets!

Please don't forget to join our tweeting community by tweeting us @SJBsolihull



St John the Baptist @SJBsolihull · 17 Jul 2020

If your child will be 3 before September we have space's available in our Nursery for mornings only or all day (if you qualify for 30 hours). Please get in touch if you'd like more information.



St John the Baptist @SJBsolihull · 16h

Year 4 studied the story of the Baptism of Jesus by St John the Baptist. They looked at the many images created of this story throughout history and created their own versions. #RE #SJBWeAreArtists #ArtisticFreedom @OurLadyandAISI1 @BCPP_ @BhamDES



2 4 150



St John the Baptist @SJBsolihull · Jan 25

Our eCadets have been learning what is safe to share online. They are working towards their digital passports by learning about different aspects of online safety then completing tasks to achieve a certificate. Well done for helping to keep our school safe. @OurLadyandAISI1



3 84



St John the Baptist @SJBsolihull · Jan 25

Y1 have been thinking about how they can model themselves on Jesus and follow him like Simon and Andrew did when Jesus made them 'fishers of men'. @OurLadyandAISI1 @BCPP_ #collectiveworship #liturgyandprayer

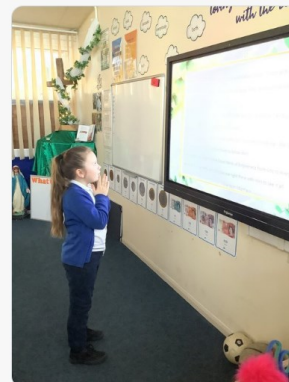


1 1 199



St John the Baptist @SJBsolihull · Jan 25

Y2 reflected on ways we can show that we follow Jesus during #collectiveworship. The children said we follow Jesus because 'he is the light of the world', 'He is special and loves everyone' 'He teaches us how to be kind and loving' @OurLadyandAISI1 @BCPP_



1 1 177



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

Next Week's Menu



WEEK ONE

Week Commencing: 05 September, 26 September, 17 October, 14 November, 05 December, 09 January, 30 January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Burger in a Bun with Home-made Ketchup	 Chicken Korma	Roast Loin of Pork & Gravy	 Beef Lasagne	Oven Baked Fish Fingers
 Tomato & Basil Pasta Bake with Garlic Bread	 Cheese Whirl (V)	 Fresh Vegetable Stir Fry Noodles (V)	 Vegetable Packed Lasagne (V) or Quorn Nugget Wrap (V)	Cheese & Tomato Pizza (V)
Herb Diced Potatoes Vegetable Sticks Mixed Salad of the Season Garlic Bread	Fluffy Rice 1/2 Jacket Potato Broccoli Florets Sliced Carrots Mixed Salad of the Season Tomato Bread	Roast Potatoes Shredded Spring Cabbage Peas & Sweetcorn Mixed Salad of the Season Wholemeal Bread	Oven Baked Potato Wedges Baked Beans Sweetcorn Mixed Salad of the Season Twin Bread	Chunky Chips Potato Cake Baked Beans Peas Mixed Salad of the Season White Bread
Strawberry Mousse Fruit Yoghurt Seasonal Fresh Fruit Platter	 Chocolate Beet Cake & Chocolate Sauce Fruit Yoghurt Seasonal Fresh Fruit Platter	 Apple Eves Sponge & Custard Fruit Yoghurt Seasonal Fresh Fruit Platter	 Melting Moments Cookies Fruit Yoghurt Seasonal Fresh Fruit Platter	 Iced Sponge Fruit Yoghurt Seasonal Fresh Fruit Platter

AVAILABLE DAILY

Baked Potato Bar/Cold Sandwiches and Baguettes
Seasonal Fruit Platter, Fresh Salad Bar, Home Baked Breads and Freshly Made Yoghurts available daily in addition to the above Menu offering.



 Denotes freshly prepared dishes.

Menus may change to meet customers' preferences, a promotional event and seasonal variation.
A range of locally sourced products are used when available and seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org
Allergies - please contact your school cook for more information about the content of menu items.

MSC-C-54995



Fresh Cook

MAPAC - 10% Discount Ends Soon!




10% OFF CLOTHING & BAGS






HURRY ENDS 31.01.23!



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

National Online Safety

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, Password and Keeper are all excellent password managers.

4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version – by saving it to a removable USB drive or similar device, for example.

5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' – such as your birthplace or a pet's name – in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. Messy unpredictable answers make cyber criminals' task far harder.

7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts, to convince you of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency – even if they appear to come from someone you know.

11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates – so by ensuring each device is running the latest version, you're making them more secure.

10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure – criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct). It's useful if you're worried about a possible attack – or simply as motivation to review your account security.

8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun – so as long as you keep safety and security in mind, don't stop enjoying your tech.

Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology as well as the many benefits.



Source: www.ncsc.gov.uk/collective/our-hints-for-staying-secure-online/three-random-words | <https://haveibeenpwned.com>

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 25.01.2023



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for **health protection in schools** or scan the QR code or visit <https://qrco.de/minfec>.



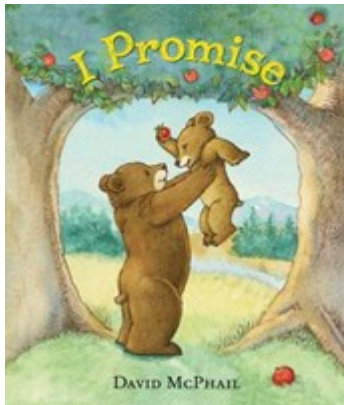
Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

Mr G's Recommended Reads

My book choices this week are inspired by this Sunday's gospel, where Jesus calls us all to learn from his teachings and in-turn promise to look after others around us.

For our younger readers...

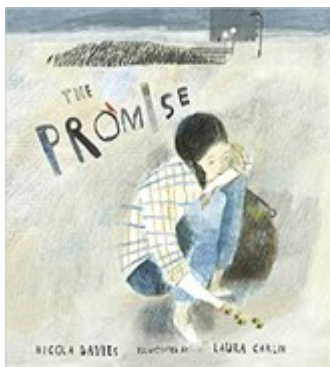
'I Promise' by David McPhail



When Baby Bear asks Mother Bear this important question, she promises her cub that she will feed him, play with him, and do everything she can to keep him safe. But Baby Bear has more questions: What happens if you break a promise? Can his mother promise that he will always be happy?

For our older readers...

'The Promise' by Nicola Davies



On a mean street in a mean city, a thief tries to snatch an old woman's bag. But she finds she can't have it without promising something in return – to "plant them all". When it turns out the bag is full of acorns, the young thief embarks on a journey that changes her own life and the lives of others for generations to come. Inspired by the belief that a relationship with nature is essential to every human being, and that now, more than ever, we need to renew that relationship.



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

Fourth Sunday in Ordinary Time

God of love, you bless those people who are poor, who are sad, who are hungry and thirsty and who are hurt because they stand up for what they believe in. Help us to follow in your way.

In this Sunday's gospel, we hear about how Jesus went onto a mountain and taught his disciples. Jesus told them about the kind of person that makes him happy and who is blessed.

Gospel: Matthew 5:1-12a

Jesus saw the crowds and went up a hill, where he sat down. His disciples gathered around him, and he began to teach them:

"Happy are those who know they are spiritually poor;

the Kingdom of heaven belongs to them!

"Happy are those who mourn;

God will comfort them!

"Happy are those who are humble;

they will receive what God has promised!

"Happy are those who hunger and thirst for what is right;

God will satisfy them fully!

"Happy are those who are merciful to others;

God will be merciful to them!

"Happy are the pure in heart;

they will see God!

"Happy are those who work for peace;

God will call them his children!

"Happy are those who are persecuted because they do what God requires;

the Kingdom of heaven belongs to them!

"Happy are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers. Be happy and glad, for a great reward is kept for you in heaven. This is how the prophets who lived before you were persecuted.

Jesus teaches his disciples about the way he would like people to be treated and how he sees some types of people as extra special. He says that they will be happy or blessed.

These teachings are known as the Beatitudes. Some of the language used can seem a little complicated for us today but we can still think about how Jesus wants us to treat people; we can follow our own, modern day Beatitudes.

What could you do for someone who is sad? What could you do for someone who is hungry?

What could you do for people who are poor? What could you do for someone who is afraid to stand up for what they believe in?

By doing all those things we will be truly following Jesus. We can help to make the words that he spoke to his disciples a reality.



God of mercy, open our hearts to listen to what Jesus tells us. Help us to reach out to others who are poor, sad, or frightened and try to make their lives blessed. Amen.

Have a lovely weekend.

I. Gallagher
Mr I. Gallagher
Headteacher