



St John the Baptist Catholic Primary School PESSPA Curriculum Intent Statement

Intent

PESSPA (Physical Education, School Sport and Physical Activity) at St John the Baptist Catholic Primary School aims to offer a fun, vigorous and high-quality curriculum which inspires all children to succeed in physically demanding activities. We aim to provide opportunities for our children to develop their physical, cognitive and emotional skills through an inclusive, high-quality physical education, school sport and physical activity structure. We aim to provide a clear and progressive learning journey for our children, ensuring a holistic teaching, learning and assessment approach is applied, to reflect our school values, aims and ethos.

Our children will have opportunities to compete in sport and other activities that build character and help to embed both the British and School Games Values. PESSPA at St John the Baptist Catholic Primary School is an imperative element of the curriculum, which develops an understanding and application for being physically literate, leading a healthy lifestyle, consuming a balanced diet, developing a positive growth mind-set and owning the resilience to persevere with activities that may have once felt too challenging. We are passionate about the need to teach children how to cooperate and collaborate with others as part of a team, understanding fairness, the rule of law and sporting etiquette.

Implementation:

- Children at St John the Baptist Catholic Primary School participate in weekly *high-quality* PESSPA and sporting activities led by teachers and specialist sports coaches.
- Children at St John the Baptist Catholic Primary school will be taught and assessed against a *progressive and tailored curriculum* in line with the AfPE 'Head, Heart, Hands' concept, to ensure we are developing well-balanced children for the 21st century.
- Our PESSPA curriculum incorporates a variety of sports to ensure all children develop the *confidence, awareness* and *appreciation* of their own and others' strengths and weaknesses.
- Our PESSPA curriculum allows children to *positively transfer* previously learnt skills from different sports, allowing them opportunities to practice and develop across the curriculum.
- We provide opportunities for all children to engage in *extra-curricular activities* before, during and after school, in addition to competitive sporting events. This allows us to extend and enrich our PESSPA curriculum.
- We utilise *cross-curricular opportunities* to their maximum potential, allowing children the opportunity to make connections and learn whilst being physically active, by using appropriate stimuli from English/Maths/Topic related learning.
- 'Gifted and Talented' pupils at St John the Baptist Catholic Primary School are targeted for further *challenge* throughout PESSPA lessons and extra-curricular clubs.
- We up level the *cultural capital* of PESSPA by hosting termly PESSPA celebratory assemblies and promoting positive sporting role models in the current news.

Impact

Our PESSPA curriculum will ensure children leave St John the Baptist Catholic Primary with the *cognitive, physical and emotional skills* to continue to progress into the KS3 curriculum and beyond.

Our PESSPA curriculum will produce a *well-balanced, physically literate and healthy* child ready for the 21st century.

Our PESSPA curriculum will produce a *resilient, determined and positive* child who has the cognitive behaviours to approach challenge with *open-mindedness*.

Our PESSPA curriculum will give children the *competitive opportunities, experiences and encounters*, to embed *core values* for society.





Our PESSPA curriculum will produce a child who can make *links, connections and associations* with themselves and sport throughout the world.

