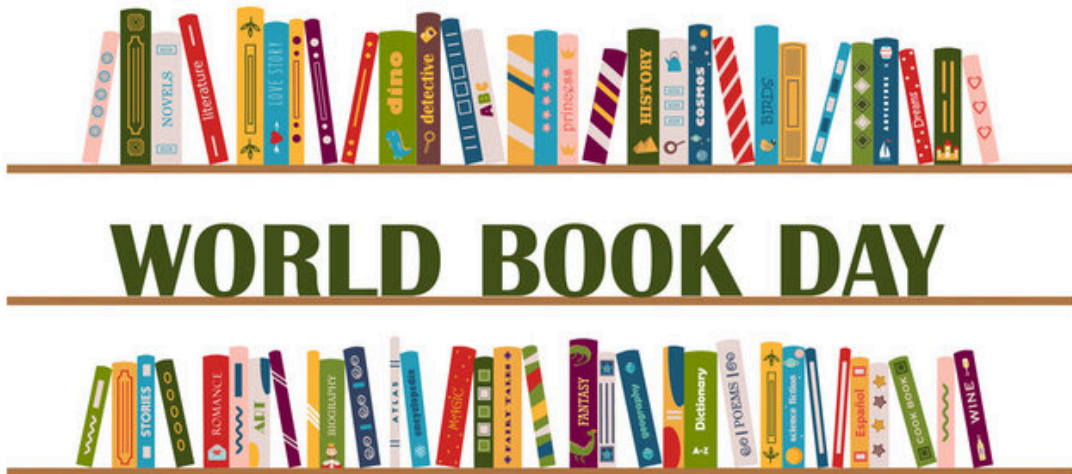


St. John the Baptist Catholic Primary School



We will prepare the way by loving, living and
learning with the Lord

Friday 6th March 2026



WORLD BOOK DAY

As we progress through March, we must focus upon Pope Leo's prayer intention for this month, which calls us to join together in prayer for disarmament and peace throughout the world. We find ourselves living through troubling times, and it is therefore essential that we pause to reflect on our collective responsibility. We pray that God's hope for us all—to love one another without judgement—transcends the current global situation, where hatred and discrimination appear to dominate. This prayer serves as a powerful reminder of the values we seek to instil within our school community.

On a more positive note, this week has been a celebration of reading in all its forms. We have thoroughly enjoyed a fantastic World Book Day celebration, which was enhanced considerably by the visit of a real author who generously shared her latest book with our pupils. Such experiences are invaluable in fostering a genuine enthusiasm for literature and learning.

However, I would encourage you to recognise that this week's events are merely a snapshot of something far more significant. The importance of encouraging daily reading at home cannot be overstated. Strong readers possess the power to achieve anything in the future, and it is through consistent engagement with books that we nurture this potential. I would therefore urge all families to prioritise reading as part of your daily routines.



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith



THE ARCHDIOCESE of BIRMINGHAM



Reflection

Third Sunday of Lent

Jesus is thirsty and so he asks a Samaritan woman for a drink from the well.

The woman is surprised because normally Jews and Samaritans did not get along. It was also unusual at the time for a man to talk to a woman he didn't know. But even though it is unusual, Jesus talks to the woman anyway.

Jesus is showing us that God loves everyone. No matter who they are, where they come from or the colour of their skin – man or woman, boy or girl, rich or poor.

Even though we are all different, we still need the same things to live.

Jesus shows the woman that he is Christ, the Son of God, by knowing all about her life even though he has never met her before.

God also knows everything there is to know about us. And *He* loves us.

God calls us to love and care for all people no matter who they are, because we are all part of one family. We are called to help each other when things are difficult and to work together to make the world a better place for everyone to live in.

Our Virtues

Intentional
and
Prophetic

loving
hopeful
attentive
faith-filled
generous
eloquent
intentional
truthful
learned
prophetic
wise
grateful
discerning
compassionate
active

Catholic Social Teaching

Option for the Poor and Vulnerable

The Option for the Poor and Vulnerable is a core Catholic Social Teaching principle, urging that the needs of the marginalized, oppressed, and poor be prioritised. Inspired by the Gospel, it demands actions —relief, defence, and liberation— to ensure dignity and justice for all, viewing society's greatness through how it treats the most vulnerable.

Our Pope's Prayer Intention

For March 2026, Pope Leo XIV's prayer intention is to pray with him for 'disarmament and peace,' and praying that 'the nuclear threat may never again dictate the future of humanity.'





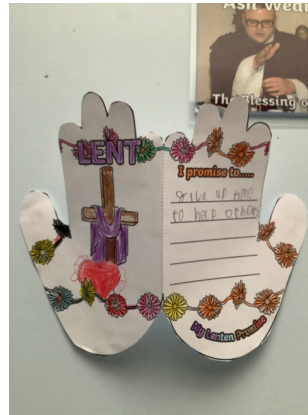
Celebrating Learning

KS1

Year 1

This half term, our science unit is 'Taking care of the Earth'.

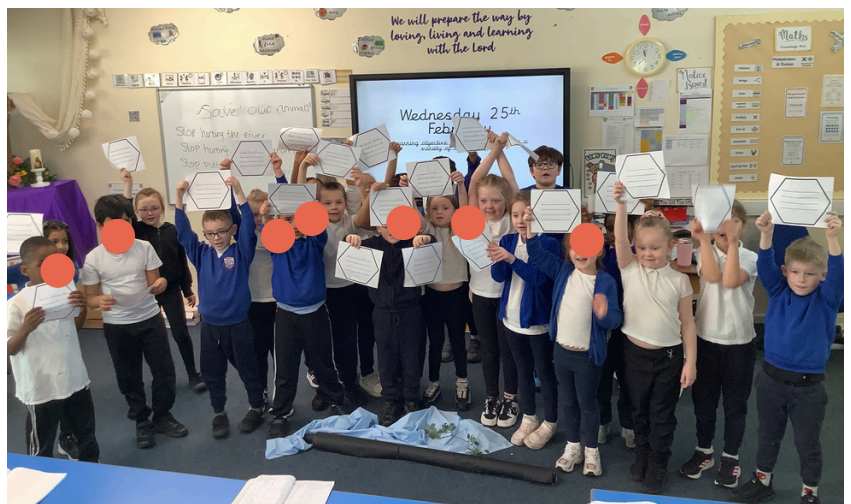
This week we have been researching the different types of pollution and what we can do to help reduce it.



In Year 1, we discussed Shrove Tuesday and Ash Wednesday. We then recorded what our Lenten promises are and decorated Lenten hands for our display.

Year 2

Year 2 enjoyed protesting in English this week. After reading our new whole class text 'The Water Protectors', The children used a variety of sentences to include on their signposts, they passionately protested to save animals from polluted rivers!



The children also enjoyed learning about Shrove Tuesday and enjoyed sharing some pancakes together!





World Book Day

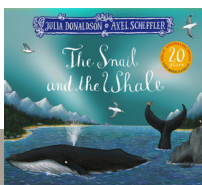
EYFS

Linked to World Book day we decided to focus on one of our favourite authors Julia Donaldson across the whole week. We have listened to lots of her stories and taken part in lots of different activities linked to her books.

Author of the week:
Julia Donaldson



We listened to 'The snail and the whale' and created our own snail pictures.



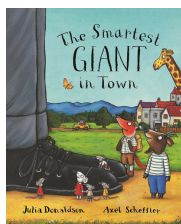
We made our own stick men!



For World Book Day we dressed as a word. We used our phonic knowledge to try and read each others words.



We listened to 'The smartest giant in town' We drew around his shoe and our own shoe and measured them.



We have loved reading our favourite Julia Donaldson books.





World Book Day

Year One



We had some fantastic dress-ups linked to a word, from sparkle to investigator for World Book Day. A big thank you to Luna's and Theo's Mum's for reading stories to year 1, the children loved it!

We also had the pleasure of year 5 sharing and enjoying books with us.



Year Two



Illustrator Emily Birch showed us how to create characters using art resources. We all worked in teams and made some amazingly unique characters!



We enjoyed taking part in an illustration workshop with a real life author!

We enjoyed joining in with the Big Dreams, Little People webinar and collaboratively sang the anthem song with lot's of other schools.

We loved dressing up as a word!

Year Three



Author and illustrator workshops also took place with Year Three



World Book Day

Year Four



Year 4 enjoyed getting into character this world book day!

Year Five



Year 5 enjoyed reading to their Year 1 buddies this week!



Year Six



Year Six had great fun dressing up, influenced by words such as sleepy, scary and incognito. We also took part in a virtual event which took us backstage of the production of Harry Potter and the Cursed Child. Various members of production and the main actors described their exciting roles and shared how being an accomplished reader helps them to be successful.



Proposed SEND Reforms

SEND Reforms Key Messages for Parents and Carers

Earlier this week, the Government announced a consultation on SEND Reforms, alongside an Education White Paper.

It's important to note that nothing changes today. These proposals are now in a 12-week consultation period.

There will be no changes to existing Education, Health and Care Plans (EHCP's), as a result of these proposals, for 3 years.

What is proposed to change?

There will be a 4-tier SEND system, consisting of:

UNIVERSAL - support every child will get across all schools, which includes reasonable adjustments and support with subjects if your child is falling behind.

TARGETED- for instance- small group interventions such as speech and language.

TARGETED PLUS- more specialist support from external professionals.

The children and young people on Targeted and Targeted Plus will have a digital Individual Support Plan, we believe there will be a national template for this.

SPECIALIST- children with the most complex needs, beyond the support mainstream settings can routinely provide.

Children and young people on the Specialist level will have a digital EHCP (we believe there will be a national template for this) and a digital Inclusion Support Plan.

Will my child lose their EHCP?

For children in mainstream:

If your child is 8 years old or over now, they will keep their EHCP until they are at least 16.

If your child is 7 or younger in mainstream, your child will be reassessed at their first transition point from September 2029.

For children in specialist school:

They will retain their EHCP and their placement.

Schools

Money has been allocated for SEND training for all teachers and teaching assistants.

All secondary schools will be expected to have Inclusion Support Bases. Government is proposing 2 types:

- Support Base for children who have an ISP but NOT an EHCP and may need time out of the mainstream classroom



SEND cont...

- Specialist Base for children with EHCPs.

Primary schools will have a similar arrangement but Inclusion Support Bases may be shared across a number of schools, rather than in every school.

Experts at Hand

Children in mainstream settings who need support from specialists will be supported through a new programme called Experts at Hand, this may include professionals such as speech and language therapists, occupational therapists, educational psychologists and specialist teachers.

Tribunal and Legal Rights

Mediation and tribunal will still exist.

It is proposed that you will still be able to appeal:

- The decision not to carry out a needs assessment.
- Not meeting the threshold for an EHCP (there will be new national thresholds)
- Decision to cease.
- If you think your child needs a different package of support.
- The setting named (but the Tribunal will no longer be able to name a specific provision).

Whilst we acknowledge there are many challenges and you may have some concerns about these reforms, there are also positives such as the emphasis on belonging and inclusion that Solihull has already been committed to and working towards.

If you want to read the documents about the reforms you can find them below.

Summary for parents:

<https://educationhub.blog.gov.uk/2026/02/schools-white-paper-what-parents-need-to-know-about-changes-to-the-send-system/>

SEND Reforms Consultation:

https://assets.publishing.service.gov.uk/media/69986263b33a4db7ff889ecb/SEND_reform_putting_children_and_young_people_first_government_consultation.pdf

Schools White Paper:

<https://www.gov.uk/government/publications/every-child-achieving-and-thriving>

Proposed Specialist Provision Packages:

<https://www.gov.uk/government/consultations/send-reform-putting-children-and-young-people-first/specialist-provision-packages>

If you would like to respond to the consultation, you can do so here:

<https://consult.education.gov.uk/send-strategy-division/send-reform-putting-children-and-young-people-firs/>



Awards

Star of the Week

Our Star of the Week for Early Years and Key Stage One is
Leon W



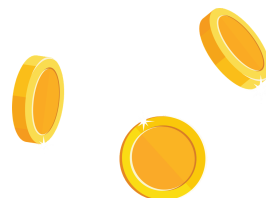
Our Star of the Week for Key Stage Two is Faateh A



Virtues



Star Readers



Nursery	Tumi O
Reception	Zofia P
Year 1	Antonia U
Year 2	Haris A
Year 3	Ruby Gg
Year 4	Zara R
Year 5	Anna K- D
Year 6	-

Theo M	Cali- Mae W
Adesewa A	Bonnie B
Kelsie K	Vincentia A
Johnathon D	Isla Mae M
Abigail M	Michael N





Celebrations



Birthdays

Antonia U Year 6
Aderinsola A Nursery
Jaiden B Year 1
Marcus O Year 6



We wish you a very happy birthday from everyone at St.
John's!

Ready to Learn

Our most punctual class, this week, who
were in everyday, on time and ready to
learn is...

Year 1

**Well
Done**

Attendance

The class with the highest attendance
this week is...

Year 1

99.1%





Breaktime Snacks

Please ensure that, if you choose to send your child with a morning breaktime snack, it is healthy, and inline with our Healthy Eating Policy.

We have seen a large increase in children bringing packets of crisps and chocolate bars for their snack.

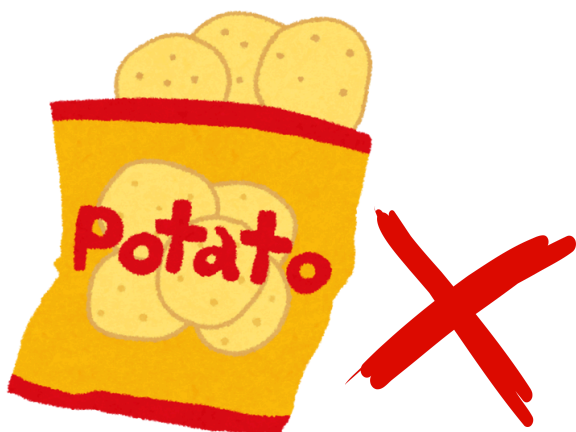
This is not permitted.

Morning snacks should ideally be fresh fruit, or dried fruit or fruit based bars. Any children with crisps or chocolate will be asked to return the item to their bag to take home.

Please be reminded that we offer bagels and free fresh fruit to our children, each day, so there are always alternatives.

Another problem which has resulted in the increase in unhealthy snacks, is an increase in litter on our school site. Where possible, we ask that snack choices avoid items that are contained in plastic bags or wrappers.

Thank you for your support in this matter.





Parent Carer Support



PINS - PARENT CARER SESSION

Partnership For Inclusion Of Neurodiversity In
Schools

**St John the Baptist Primary
School**

SENSORY WALLS

Welcome to our sensory walls workshop, where we look forward to creating engaging sensory walls together with parent carers and exploring the vital role that sensory input plays in supporting our children's development.

We warmly welcome all to attend



PARTNERSHIP FOR
INCLUSION OF
NEURODIVERSITY IN
SCHOOLS



10/3/2026



1.30 pm



Parent Carer Support



PINS - PARENT CARER SESSION 3
Partnership For Inclusion Of Neurodiversity In
Schools

**St John the Baptist
School**

We look forward to welcoming
all parent carers to the sessions.
These sessions are an
opportunity for you to come
along and ask any questions
you may have.

- ✓ We offer impartial information
- ✓ Safe space to share experiences
- ✓ Updates on local Services
- ✓ Opportunities to give feedback

 **18/3/26**  **9.15 am**

PARTNERSHIP FOR
INCLUSION OF
NEURODIVERSITY IN
SCHOOLS



Lunch Menu

LUNCHTIME					
FOOD FESTIVAL By Aspire					
WEEK 1 Autumn Winter 2025/26 01/09/25, 22/09/25, 13/10/25, 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26, 16/02/26, 09/03/26, 30/03/26					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	PRIMARY WORLD
THE MAIN EVENT Cheese and Tomato Pizza Slice with Wedges	Sweet Chilli Chicken Noodles	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Meatballs in Tomato Sauce and Rice	Fish Fingers or Salmon Fingers and Chips	PRIMARY WORLD
MEAT-FREE MAGIC Cheesy Sweetcorn Pizza Slice with Wedges	BBQ Veggie Wrap with Rice	Roasted Vegetable Strudel, Skin on Roasties and Gravy	Sweet Potato Casserole and Rice	Cheesy Bean Wrap with Chips	
RAINBOW ALLEY Peas	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans or Peas	
BIG TOPPING Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	
DESSERT TROLLEY Butterfly Pastry Biscuits	Shortbread	Banana Bread and Custard	Apple Cinnamon Buns	Lemon Drizzle Cake	
AVAILABLE DAILY DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT					
PASTA TWIRLER Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese					
What impact has your meal had on planet Earth today?					
A Very Low	B Low	C Medium	D High	E Very High	



Attendance



**St. John the Baptist
Catholic Primary School**

We will prepare the way by loving, living and learning with the Lord



Important Information About School Absence

Help us to avoid unauthorised absence, which can lead to future legal action.

Reporting Absence

Parents must report absences by 9.00am on the first day.

You must contact and leave a message via the school office

- Call: 0121 770 1892
- OPTION 1 – TO LEAVE A MESSAGE

Do not send messages on Class Dojo. The school office will not see these messages.

Ongoing Absence

If your child is absent for more than 2 days, please keep in regular contact with the school. Parents must respond to text messages from school or CSAWS.

Unauthorised Absence

If no message is received and the school has tried to contact you, the absence may be marked as unauthorised.

Medical Appointments

Please share medical evidence for appointments so we can record the absence using a medical code.

We hope your child is happy and settled at school.
Please let us know if you need our support – we are here to help.

Children's tips and advice



Follow our tips and advice to stay safe on the road.

To stay safe on the road you should:

- Always use the [Green Cross Code](#) STOP, LOOK, LISTEN!
- Always hold an adult's hand when you are near the road
- Wear a seat belt when travelling in the car and use the [right child or booster seat](#)
- Make sure you are properly trained to ride your bike on the road
- Always wear a cycle helmet and bright reflective clothes when on your bike
- Be [bright and be seen](#) whenever you are near a road
- Put away your headphones or mobile phone when crossing the road
- Always walk on the pavement or footpath where there is one
- Know and understand the [school crossing signs](#)

Learning the Green Cross Code

It's never too early to start teaching children the [Green Cross Code](#), encouraging children to stop, look, listen and think with you before crossing the road. It can be a fun activity to teach children while you're on the school run or a walk to the park. And your good habits crossing the road can soon become theirs.

But remember they still need your help. Younger children find it difficult to judge the speed and distance of traffic – so they don't know when it's safe to cross the road. And, they won't always remember road safety rules, especially if they're distracted or spot a friend across the road.

Think

Find the safest place to cross. Where possible use a pedestrian crossing.

Avoid crossing between parked cars, at bends in the road or close to the top of the hill to make sure drivers can see you.

Stop!

Stand on the pavement near the kerb and make sure you can clearly see the traffic.

Don't get too close to the traffic and give yourself lots of time to look around.

Look and listen

Look in every direction and be sure to listen carefully for things you can't yet see.

Sometimes you can hear dangers before you can see them.

Wait

Wait until it's safe to cross. If traffic is coming, let it pass. If you're not sure, don't cross.

Only cross when there is a safe gap and plenty of time to cross. Remember, traffic may seem far away but it may be moving quickly.

Look and listen again

When it is safe, walk straight across the road. Don't run. Keep looking and listening.

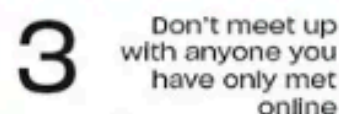
Look out for bicycles, scooters and motorcyclists travelling between lanes of traffic and do not cross diagonally.



Online Safety

  TOP TEN TIPS TO   

STAY SAFE ONLINE





Diary Dates

Thursday 5th March - 9.15am- Mass led by Year 4

Tuesday 10th March -1.30pm Sensory Walls Workshop

Thursday 12th March- 9.15am- Mass led by Year 3

Sunday 15th March - 9.00am FHC induction Mass and meeting

Wednesday 18th March 9.15am - Parent Carer Engagement

Wednesday 18th March - Parent/ Carer evening

Thursday 19th March - 9.15am- Mass led by Year 2

Wednesday 25th March - Easter Bonnet Parade/ Decorate an egg

Thursday 26th March - 9.15am - Mass led by Year 1



Term Dates

Spring Term 2026

Half Term Holiday: Monday 16th February 2026 to Friday 20th February 2026

Term Ends: Friday 27nd March 2026

End of Term Holiday: Monday 30th March 2026 to Friday 10th April 2026

Summer Term 2026

Term Starts: Monday 13th April 2026

(May Day: Monday 4th May 2026)

Half Term Holiday: Monday 25th May 2026 to Friday 29th May 2026

Term Ends: Monday 20nd July 2026

End of Year Holiday Starts Tuesday 21st July 2026

Inset Days

Monday 1st Sept

Friday 24th Oct

Monday 19th Jan

Monday 23rd Feb

Monday 15th June

Monday 20th July



Family Support

Solihull
Family Hubs



A Family Hub is a place where children, young people and families can go for services, advice and to meet other families. Raising a family, being a parent or carer, or navigating life as a young person can be a challenge so staff in the hubs can put you in touch with different services in the area.

Scan here for more information on the Family Hubs website or visit:

www.solihull.gov.uk/family-hubs



The Solihull Family Hubs app is available to download from the Apple Store and Google Play Store. It includes information on sessions at each of our hubs, online resources and much more. **Take a look today!**

Google Play



App Store





Family Support

Family Helpline

**Early Help support for families
and professionals in Solihull**

0121 788 4327

Live from 3 March 2025

**Available Monday-Thursday 09:00-16:30,
Friday 09:00-16:00**

**Our dedicated team of duty workers support
with topics such as:**

- Parenting and family guidance
- School attendance and support in coordinating Early Help assessments and plans
- Signposting to local services such as Solihull Family Hubs
- Child behavioural issues and social development
- Health and emotional wellbeing
- Referrals to Family Support Workers

**For safeguarding concerns, such as if a child is at
risk of being harmed, call the Solihull Multi-Agency
Safeguarding Hub (MASH) on 0121 788 4300**



**Working
for Children
and Families
in Solihull**



FREE
SESSIONS

FREE
SESSIONS



Face-to-Face Autistic Adult Mental Health Sessions in Solihull

Autistic adults wanted to join our 12-week mental health and well-being sessions, starting **Thursday, 18th September 2025 in Solihull**. These sessions are designed to provide a safe, supportive, and structured space to focus on positive mental health and well-being.

Schedule

12 sessions every Thursday starting 18th September

Two week break on 20th & 27th November

Resumes 4th December – 18th December

Eligibility:

You are 18 years or older with a diagnosis or on pathway

You feel comfortable engaging in a group of 15 participants. This is a safe space to develop your confidence and self care. We encourage you to commit to all 12 sessions.

Limited Spaces Available – Only 15 Places!

Don't miss this opportunity to take part in a supportive group.

Solihull

At
Solihull Methodist
Church,
Solihull
B91 1LG
time
13.30 - 15.30

Please email Kam for these sessions as it is limited spaces on a first come first serve basis.



kam@resourcesforautism.org.uk

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13.30 - 15.30

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kam@resourcesforautism.org.uk

TIMETABLE OF COURSES AVAILABLE

You can book your place by popping into the hub or calling the college on 0121 678 7000.
To enrol online, visit the college website and click 'Enrol Now'.



Scan the QR code or email
katrina.griffin-jones@solihull.ac.uk
for more information.

All the courses at the family hubs are free subject to residency status.

Monday	Tuesday	Wednesday	Friday
9:30 – 11:30 Family Learning (Adult and Child) Riverside Family Hub 	9:30 – 11:30 Family Learning (Adults Only) Story Sacks Grammar for Parents Help your child (Infants) Supporting your child (Juniors) Elmwood Family Hub 	9:30 – 11:30 Family Learning - Adults Only Free Creche Available Story Sacks Grammar for Parents Help your child (Infants) Supporting your child (Juniors) Hatchford Brook Family Hub	9:30 – 11:30 ESOL conversation club Hatchford Brook Family Hub
		9:00 – 11:00 Digital Skills for beginners Elmwood Family Hub	9:30 – 11:30 Sensory Play Hatchford Brook Family Hub 
		09:30 – 11:30 Functional Skills Maths Adult maths course Riverside Family Hub	
12:30 – 14:30 ESOL Conversation Club Riverside Family Hub		13:00 – 15:00 Cooking on a budget Riverside Family Hub	12:30-14:30 Sensory Play Elmwood Family Hub

SUPPORTING YOUR CHILD'S LEARNING (KS1 & 2)

These courses are designed to help the whole family. Parents and carers will learn about key literacy and numeracy skills and methods in order to be able to better support children with their own development. Many of our students follow on from these courses into further learning opportunities and gain related qualifications, such as Functional Skills and GCSEs and even teaching assistant qualifications.

Help Your Child's Learning: English and maths (infants) (10 weeks)

This is designed to help parents who have children in Reception and Key Stage 1. Tutors will focus on both literacy or numeracy and spend time making resources and guiding parents to support their children through exploring rhythm and rhyme, sharing books and games and creating their own learning resources.

Supporting Your Child's Learning: English and maths (juniors) (5 or 10 weeks)

This programme is split into two separate 5-week parts (English and Maths) and is designed to help parents of children in Key Stage 2. The course explains some of the key skills which children need to develop and allows parents to explore ways in which they can support children in reading, writing and maths. Parents also have the opportunity to develop their own skills in topics such as sentence construction, punctuation and fractions to improve confidence and knowledge.

Grammar for Parents (10 hours/5 weeks)

A five-week course aimed at explaining and helping parents to understand the grammar their child is learning in English lessons. Each session lasts for 2 hours and is aimed at parents of children from Yr1 to Yr6.

These are adult-only programmes. The college can supply childcare workers to run a free creche for pre-school children, providing a suitable room is available.

PLAYING WITH LANGUAGE: create a story stack

This **5-week course** is aimed at parents with children in Foundation Stage.

Parents choose a book/story and make a variety of activities to share with their child to bring the book to life. It provides opportunities for parents/carers to encourage their children to communicate verbally and to develop skills through play that will be important later for reading, writing and maths. It acknowledges the unique role that parents/carers have in their children's language development and the importance of the family and home as a powerful learning environment alongside school or nursery.



Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning				
Monday	Tuesday	Wednesday	Thursday	Friday
Women's community drop-in – 09:00-13:00 5 and 19 January Providing emotional and practical support. Marvellous Makers – 10:00-12:00 Stay and play session suitable from birth onwards. Come and join us for arts and crafts activities, use of the sensory room, and lots of play. No booking required, just drop-in. Siblings welcome. Health visitor clinic – 09:30-12:00 Booked appointments for parents and their babies, and children with the health visiting team. Book by speaking to Hub staff or your health visitor.	Solihull Community Housing – 09:30-11:30 Information and advice on housing issues. No appointment required, just drop-in. Solihull College family learning – 09:30-11:30 Term time only A five-week course explaining and helping you to understand the grammar your child is learning in their English lessons. Suitable for anyone with a child in Y1 – Y6. Grandparents and other carers welcome! FREE for Solihull residents. For more information, visit www.solihull.ac.uk/community-education or email katrina.griffin-jones@solihull.ac.uk – Super SEN – 09:30-12:00 20 January Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism. Baby massage – 10:15-11:00 Join us for some bonding time with your baby. To book, Email Michelle.meryon@ordinarymagic.co.uk or speak to Hub staff.	Solihull College digital skills – 09:00-11:00 Term time only Free 10-week course with a friendly tutor to learn new computer skills. Suitable for beginners. To book, speak to Family Hub staff. Uplift Initiative wellness walk – 10:00-12:00 7 & 21 January Join us for a gentle walk, good conversation and a cosy cuppa afterwards (& cake!) Meet at the Family Hub for 10am. Email or call Tammy on Theuplift.org@gmail.com 07303 137292 Anxiety management support group for adults – 11:00-13:00 Weekly anxiety support group open for age 18 and above. Delivered by Reimagine Me CIC. For more information, email or call Michelle on info@reimaginecic.org or 0755 389 9373.	Citizens Advice Solihull drop-in – 09:30-12:30 8 & 22 January Citizens Advice provide free, practical advice. Solihull SENDIAS – 09:30-11:30 22 January If you have a child with Special Educational Needs (SEN) and would like free and impartial information and advice, SENDIAS can advise about statutory SEN processes relating to support in schools, Education, Health and Care Plans (EHCPs), and much more. Solihull Lifestyle Service – 11:00-13:00 15 & 29 January Drop-in to get advice and discuss your lifestyle needs, including free height, weight, BMI, blood pressure, and atrial fibrillation readings. Baby massage – 11:15-12:15 Join us for some bonding time with your baby. To book, Email Michelle.meryon@ordinarymagic.co.uk or speak to Hub staff. Musical explorers' early years session – 11:30-12:00 FREE, fun, drop-in music sessions followed by a relaxed stay and play. Suitable for ages 0-5. Delivered by Solihull Music. Siblings welcome.	North Solihull Additional Needs Support Group – 09:30-11:30 9 & 23 January For children with additional needs and their parents or carers. To book, email northsolihulladditionalneedsgroup@outlook.com. For more information, visit www.solihullsendsupportgroup.co.uk. Health visitor clinic – 09:30-12:00 Booked appointments for parents and their babies, and children with the health visiting team. Book by speaking to Hub staff or your health visitor.

37 Burtons Way, Smith's Wood, Solihull, B36 0UG

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Afternoon				
Monday	Tuesday	Wednesday	Thursday	Friday
Boys Autism group – 16:00-18:00 Term time only Run by Ordinary Magic for boys with Autism. To book or find out more, email michelle@ordinarymagic.co.uk	EPAS attendance support drop-in – 11:30-13:30 The Education Participation Advisory Service (EPAS) offer advice, support and guidance about school attendance. No appointment required, please pop in to see the team. Family support drop-in – 13:00-16:00 Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.	Little Brum Youth Theatre Group 17:30-18:30 Big Brum Theatre-in-Education is starting a Youth Theatre – 'Little Brum' - for the young people of North Solihull. We have recently visited schools in North Solihull, exploring with them the story of 'The Little Red Cap', and they were amazing, creative and imaginative. This is why we are starting our 'Little Brum' and hope your child will wish to be part of it. Any local Year 6 child is welcome to come along. We will be engaging our imaginations, exploring stories and making theatre together. Running weekly at Elmwood Family Hub. Please contact katie@bigbrum.org.uk to sign up or for further information.	Stay and play – 12:30-14:00 Every other week – 8 & 22 January There will be a trained parent practitioner at the sessions to offer support and guidance if requested. No booking required, just drop-in. Suitable for ages 0-5. Come and join the fun! The Mum Hub – 13:00-15:00 A warm, supportive space for mums to connect, share, and feel heard. Whether you're expecting or have a little one aged 0-24 months, The Mum Hub is here for YOU! Each week brings a new theme designed to support you through the ups and downs of motherhood, from expert tips to friendly chats over a cuppa'. Babies are absolutely welcome too! For more information, email naomi@positivebirthingandbeyond.org.uk. Solihull Music Service – 16:00-18:00 After school guitar sessions at Elmwood Family Hub! Register your interest here: https://www.solihullmusic.org/our-family-offer West Midlands Police – Beat Surgery – 15:00-16:00 8 January Pop in to see your local neighbourhood officers for any help, advice or for local issues.	Solihull College sensory play – 12:30-14:30 New ideas for activities to engage your children with an understanding of how to support your child's learning through sensory activities and play. FREE for Solihull residents. To book, email jess.orton@solihull.ac.uk or speak to Hub staff.

Wellbeing and advice

Here2Help
Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit www.solihull.gov.uk/here2help.

Health visiting
To speak to a health visitor, text Chat Health on 0750 733 2563 between 09:00-16:00, Monday-Friday.

Women's Aid
If you or someone you know needs support, call Women's Aid at 0808 800 0028. Available seven days a week, 09:15-17:15.

Mental health support
The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call 0800 915 9292 or 0121 262 3555.

Midwives
Please call your midwife using the phone number in your red book.

What else can the Family Hubs offer?

Help and support
Speak to our friendly staff

Stay and play area
Toys, books, and soft play

Sensory room
To book, call 0121 779 6943

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing

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